

TOMMY MIAH'S SUPPORT COOKING DEMONSTRATION

Celebrity Chef Tommy Miah joined together with Aberdeen Cyrenians and Instant Neighbour to deliver a delightful cooking demonstration and experience of Indian & Bangladeshi Cuisine to cooking enthusiasts in Aberdeen.

Mr Miah and Nawaabs restaurant in Aberdeen kindly donated time and expertise to give a very personal experience of his cooking skills and flavour combinations to raise funding for both organisations as well as raising the profile of the work both organisations do in the North East of Scotland.

The cooking demonstration took place at Aberdeen Cyrenians Head Office, Summer Street, Aberdeen on Friday 28th October 2011 as a private lunch. The demonstration was very much enjoyed by all attended and we would like to extend a big thank you to Mr Miah for his commitment to both organisations and for a fantastic event.



NAWAABS RESTAURANT CELEBRATES RECENT AWARDS BY SUPPORTING ABERDEEN CYRENIANS

Local Aberdeen Restaurant Nawaabs along with the support of celebrity chef Tommy Miah celebrated their recent success as 'Best in Scotland' at this year's Asian Curry Awards and Spice Times Restaurant Awards by Supporting Aberdeen Cyrenians and Instant Neighbour.

The celebration, which took place on Wednesday 16th November 2011 at the Nawaabs restaurant on Summer Street, raised £2,000 to help support both organisations. The restaurant provided their guests with a sumptuous, complimentary meal prepared by celebrity chef Tommy Miah with live Bangladeshi and Scottish music as entertainment.

Scott Baxter, Depute Chief Executive for Aberdeen Cyrenians & Interim Chief Executive for Instant Neighbour said "Our relationship with Nawaabs and Tommy has been budding for several months now and we have been extremely lucky to be the beneficiaries of their generosity and talent. We congratulate the Nawaabs team on receiving these wonderful accolades of their hard work and wish them all the success in the future. We believe we can continue to build a relationship with them that will support vulnerable, disadvantaged and homeless individuals in our community."

If you would like to make a donation to support the work of Aberdeen Cyrenians you can. If you require help with your donation such as collection or unloading please contact our head office in advance on 01224 625732.

All donations should be made to our Head Office at 62 Summer Street, Aberdeen.

The Cyrenians
tackling homelessness

62 Summer Street Aberdeen
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Aberdeen Cyrenians A Scottish Charity SC014849
www.aberdeen-cyrenians.org



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ABERDEEN CYRENIANS CHRISTMAS APPEAL

Aberdeen Cyrenians Christmas Appeal 2011 launched successfully this year on Tuesday 1st November. Since our appeal in 2010 we have seen a significant increase in the number of individuals accessing our services; particularly requiring food parcels and access to our Street Alternatives Project making our appeal this year so much more important.

Our appeal this year hopes to raise £30,000 to sustain some services over the winter period. Our Street Alternatives Project will extend its opening hours to accommodate more individuals through the festive season, while funding is also needed to provide our residential projects and Street Alternatives with celebratory meals throughout Christmas and New Year.

Our Christmas Shoe Box Appeal is also part of our Christmas Appeal for 2011. We hope to encourage as many members of our community to donate a Christmas Shoe Box as a gift to our service users. This could include treats, chocolate, scarves, hats, gloves, and toiletries. Last year we received over 100 boxes and hope to see the same result this Christmas.

If you would like to make an Xmas shoe box donation you can at our Head Office at 62 Summer Street up to the 16th December 2011.



ABERDEEN CYRENIANS ANNUAL GENERAL MEETING

Aberdeen Cyrenians Annual General Meeting (AGM) will be held this year on Wednesday, 7th December.

The meeting will include a review of the previous year and future plans will be discussed and Financial Accounts from the last financial year will be put forward for approval.

As part of the agenda there will be a brief overview of all the services part of Aberdeen Cyrenians by Chief Executive Susan Montgomerie, Depute Chief Executive Scott Baxter and Service Managers. Cyrenians Chair Nick Williams will also address attendees.

SLEEPOUT 2012 DATE

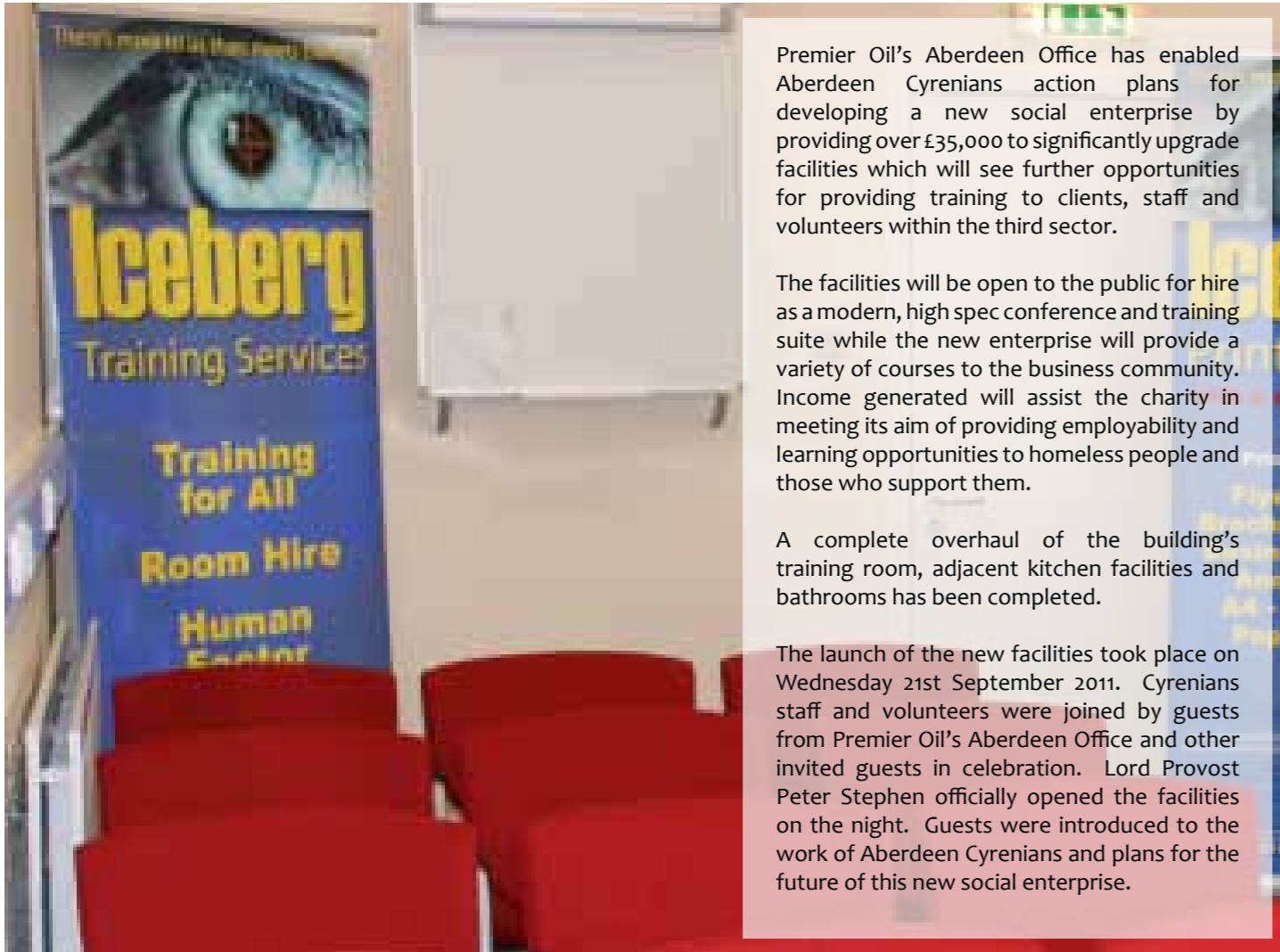
Aberdeen Cyrenians are excited to announce the date of our next Sleepout event as Saturday 3rd March 2012. We would like to extend a big thank you to Transition Extreme for joining with us again to help deliver this exciting event.

More information on our Sleepout 2012 + Transition Extreme will be available on our Website in December 2011.



Text ABCY11 £5 to 70070 to make a £5 donation to Aberdeen Cyrenians

ICEBERG TRAINING SERVICES



Premier Oil's Aberdeen Office has enabled Aberdeen Cyrenians action plans for developing a new social enterprise by providing over £35,000 to significantly upgrade facilities which will see further opportunities for providing training to clients, staff and volunteers within the third sector.

The facilities will be open to the public for hire as a modern, high spec conference and training suite while the new enterprise will provide a variety of courses to the business community. Income generated will assist the charity in meeting its aim of providing employability and learning opportunities to homeless people and those who support them.

A complete overhaul of the building's training room, adjacent kitchen facilities and bathrooms has been completed.

The launch of the new facilities took place on Wednesday 21st September 2011. Cyrenians staff and volunteers were joined by guests from Premier Oil's Aberdeen Office and other invited guests in celebration. Lord Provost Peter Stephen officially opened the facilities on the night. Guests were introduced to the work of Aberdeen Cyrenians and plans for the future of this new social enterprise.

HARVEST

Our Harvest Festival for 2011 has been a great success.

We would like to thank the many church congregations, schools, community groups and individuals as part of our community that chose Aberdeen Cyrenians to be the beneficiaries of their harvest collection.

In 2010 we received an estimated £3,300 worth of perishable and non-perishable food donations. This year we have received an estimated £6,500 worth of perishable and non-perishable food donations. This is a fantastic outcome for the organisation as we have more and more homeless individuals requiring food parcels and access to our Street Alternatives Service.



DONATE YOUR WASTE

A Partnership Project between Aberdeen Cyrenians & Instant Neighbour

The two organisations will use recycling as an opportunity to raise funds to support themselves, all by taking part in the Donate Your Waste Project.

With new recycling banks at Aberdeen Cyrenians facilities and Instant Neighbour managing, sorting and selling on recycling waste, it is a unique opportunity for local businesses and other organisations to make a significant contribution to the work of these two organisations.

For more information on Donate Your Waste and how you can become involved, contact Scott Baxter at Aberdeen Cyrenians on 01224 625732 or e-mail info@aberdeen-cyrenians.org



www.donateyourwaste.com



STAFF RECOGNITION AWARDS

Our annual staff recognition awards took place on the 25th of November, full details are available on our website.

We would particularly like to thank Roy Duncan from Deja Vu for providing the food and refreshments and all the other supporters who attended on the night.